

The Psychoanalytic Center of California

11500 W. Olympic Blvd. Suite 445, Los Angeles, CA 90064

(310) 478-4347 Fax: (310) 996-0237

email: psychcntr.pcc@verizon.net

www.psycc.org

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A Component Society of the International
Psychoanalytical Association

Announces a
One-Year Intensive Course

PSYCHOANALYTIC PSYCHOTHERAPY

An Advanced Training Course
From an Object Relations Perspective

Program Offered in West Los Angeles

- One-Year Intensive Course
- Optional Second-Year Extension for Graduates
- Theoretical and Clinical Synthesis of the British and American Object Relations Models
- Small Group Case-Based Seminars
- Beginning October of Each Year

For Information Call
310-478-4347

GENERAL INFORMATION

The Psychoanalytic Center of California has created a one-year intensive course for mental health clinicians entitled Psychoanalytic Psychotherapy: An Advanced Training Course from an Object Relations Perspective. This clinically oriented course will provide an opportunity to develop and deepen the psychoanalytic knowledge and clinical therapeutic skills of intensive psychotherapy, with special emphasis on the contributions of British Object Relations theory. Qualified licensed clinicians from the various fields of mental health are invited to apply. Upon finishing the course, PCC will award a Certificate of Completion.

OBJECTIVES

The course endeavors to provide an immersion in the psychotherapeutic techniques derived from the British and American Object Relations Models. This approach builds upon the work of Klein, Fairbairn, Winnicott, Bion, and Tustin, and has been a central theoretical and clinical component of all training programs at PCC. The teaching of theoretical concepts will be closely correlated with clinical application in all of the seminars.

STRUCTURE

The training course consists of two integrated components. The first component is made up of six seminar courses. These are conducted over three trimesters of two seminars each. The course begins in October and ends in June. The seminar courses will focus on the essential and unfolding elements of the psychotherapeutic encounter. The second component is a series of small group case seminars beginning in the fall and ending in the spring. Students will present cases from their clinical experience for discussion with their colleagues and the Faculty Instructor.

SMALL GROUP CASE-BASED SEMINARS

There will be five small group case seminars per trimester. Each group, consisting of 3-4 students, will meet on a different night of the week to accommodate student schedules. The Faculty Instructors will change each trimester in order to introduce the students to a variety of experienced analysts. Some students may wish to receive elective individual supervision. This can be arranged through the Faculty Mentors and fees can be agreed upon in accordance with what is affordable. Though it is not required, we strongly recommend concurrent individual psychoanalytic psychotherapy to the students. The Faculty Mentors will be available to those students wishing consultation on choosing a therapist.

COURSES

The courses develop, in stepwise manner, the essential components of an object relations perspective of the psychoanalytic psychotherapeutic encounter. All courses will integrate the clinical and theoretical aspects of the subject matter, using clinical examples from the instructors and students. The fall courses focus on the first encounters with the patient and emerging transference and countertransference configurations. The two winter courses follow the progression of therapy as reflected as a process of listening to and formulating the unconscious communication of phantasy and projective identification. There is a special emphasis on communication of this in dreams. During the final spring courses, there will be a focus on the deepening of the therapeutic experience as more elemental, primitive and infantile aspects of the patient's personality emerge in the dyad. Readings will be provided for each of the courses and are distributed before the beginning of each trimester.

TUITION

Tuition is \$625 per trimester plus a one time \$50 Administrative Fee. There is also a \$50 non-refundable application fee. The total cost for one year is \$1975 (application fee included) \$675 is due before commencement of the first trimester and \$625 is due prior the beginning of the second and third trimesters. Tuition also includes the small group case seminars.

FALL COURSES 10 SESSIONS

- The Unique Patient-Therapist Relationship and the Frame
 - Transference and Countertransference

WINTER COURSES 10 SESSIONS

- Unconscious Phantasy: Understanding the Internal World of the Patient
 - Dreams and the Internal World

SPRING COURSES 10 SESSIONS

- States of Mind and Body: Neurotic, Psychotic, Infantile and Adult
- The Capacity to Tolerate Emotional Experience

ELIGIBILITY

Applications are accepted from all mental health professionals with a valid California license (L.C.S.W., M.D., M.F.T., Ph.D., Psy.D., R.N.) or have authorization to work under a person holding a valid California license in such a field, and show an aptitude for psychoanalytic psychotherapy work.

APPLICATION

Deadline for completed applications is August 15. Please include a \$50 non-refundable application fee. The fee for applications submitted after the deadline is \$100. No applications will be accepted after September 1. Applicants can expect to have two interviews as part of the application process.

For more information, contact the PCC office or go to www.psycc.org to download an application. You may also contact the PCC by writing to:



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CERTIFICATE

Upon completion of the course, PCC awards students a Certificate of Completion.

Non-discrimination Statement

The Psychoanalytic Center of California admits students of any race, color, sex, national and ethnic origin to all rights, privileges, programs and activities generally accorded to or made available to students at the Center. It does not discriminate on the basis of race, color, sex, national or ethnic origin in administration of its educational policies, admission policies, scholarship and loan programs, and other school-administered programs.